St. John's Primary School



Anti-Bullying Policy

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Section 1 – Introduction

At St. John's Primary School, we believe that all pupils have the right to learn in a safe and supported environment and that all forms of bullying behaviour are unacceptable. Our school community repudiates bullying behaviour of any kind, to any member of the school community, by any member of the school community.

Section 2 – The Context - Legislation and Guidance

This policy is informed and guided by the following current legislation and DE Guidance listed below:

The Legislative Context:

- The Addressing Bullying in Schools Act (Northern Ireland) 2016
- The Children (Northern Ireland) Order 1995
- The Welfare and Protection of Pupils Education and Libraries Order (Northern Ireland) 2003 (A17-19)
- The Human Rights Act 1998
- The Education (2006 Order) (Commencement No. 2) Order (Northern Ireland) 2007
- The Health and Safety at Work Order (Northern Ireland) 1978
- The Education (School Development Plans) Regulations (Northern Ireland) 2010

The Policy & Guidance Context

- The Addressing Bullying in Schools Act (Northern Ireland) 2016 Statutory Guidance for Schools and Boards of Governors (DE Final Guidance, 9th March 2021)
- Measures to Prevent Bullying in DE Circular 2003/13
- Pastoral Care in School: Promoting Positive Behaviour (DE, 2001)
- Safeguarding and Child Protection in Schools: A Guide for Schools (DE, 2017)
 - Co-operating to Safeguard Children and Young People in Northern Ireland (Dept. of Health, Social Services and Public Safety, 2016)
 - Safeguarding Board for Northern Ireland Policies and Procedures (SBNI, 2017)

The International Context

United Nations Convention on the Rights of the Child (UNCRC)

The guidance will be used in conjunction with the **NIABF** 'Effective Response to Bullying **Behaviour**' resource file which supports schools to respond to, resolve and restore relationships when bullying behaviours occur.

In considering the above legislation and guidance,

The Governors will:

- * Secure a preventative, responsive and anti-bullying ethos, in association with other relevant policies, to ensure a safe, inclusive, happy, organised and engaging school environment.
- * Have overall responsibility for ensuring the Anti-Bullying Policy is in place and updated every four years or if necessary, updated as required.
- Support the principal in following the guidelines and practices agreed in the policy.
- * Monitor and evaluate the effectiveness and impact of strategies promoted in the policy.
- Consult with the school community on the general principles and practices reflected in the policy and consider the views/feedback in relation to anti bullying, to inform and guide whole school development planning with regards to targets, success criteria and outcomes.
- * Ensure there is a record of how pupils, parents/carers, teachers and governors are consulted and if and when changes are made to the Anti-Bullying Policy.
- * Ensure anti-bullying will be a standing item of each meeting of the Board of Governors.
- Keep a 'Record of Incidents' of all incidents of bullying or alleged bullying involving a registered pupil/s at the school including method, motivation, how long the bullying went on, how the incident was addressed and how effective the interventions were. Keep a record of the proportion of bullying situations which were successfully resolved.

The Principal will:

- * Ensure this policy and associated policies are implemented consistently throughout the school.
- * Facilitate any necessary staff development in relation to behaviour management and antibullying.

Section 3 – Ethos & Aims

Mission Statement

In St. John's Primary School, we aim to create a happy, calm and caring environment, where each child will be encouraged to reach their true potential and experience success in their learning and development.

Central to the creation of this environment is a commitment to the Catholic ethos which permeates all aspects of school life. It reflects the values, attitudes, beliefs and practices of our Catholic Faith and recognises the value and worth of each child through the development of self-respect and understanding.

We aim to establish a community wherein pupils, teachers, parents, support staff and Board of Governors enjoy a sense of belonging and have an important part to play. In St. John's we strive to ensure that every child will 'Learn to love and love to learn.'

Core Values

In St. John's P.S. the core values underpin all learning:

- Love of Learning
- Respect for each other
- Achievement
- Enjoyment
- Creativity
- Catholic Ethos
- Honesty
- High Expectations
- Respect for our Environment

Aims

Providing an excellent education is our highest priority and by implementing the content and skills of the 'Northern Ireland Curriculum' we aim to:

- 1. Promote a safe, inclusive, happy and engaging environment conducive to all learning styles.
- 2. Foster caring attitudes which promote and guide to independence, self-respect, self-esteem, self-discipline, confidence, courtesy, good manners and respect for everyone.
- 3. Provide high standards of pastoral care and child protection in every aspect of school life
- 4. Develop enquiring minds which have the ability to question and make informed decisions.
- 5. Foster a desire to learn and achieve success.
- 6. Provide our pupils with the essential life skills so they can become contributing members of society.
- 7. Work in partnership with the parents, the parish and the local community.
- 8. Develop an understanding of the world we live in, of the interdependence of people, and respect for other religious beliefs.
- 9. Encourage the Catholic ethos of the school so that the moral and religious development of each child is fully realised.
- 10. Provide equality of opportunity for all stake holders to participate in discussions and decision making in school life.

Section 4 – Consultation and Participation

This policy has been developed in consultation with registered pupils and their parents/carers, in compliance with the Addressing Bullying in Schools Act (NI) 2016.

The processes of how consultation took place included:

- Discussion with the School Council.
- Class-based activities and participation in Anti-Bullying Week.
- * Discussion at whole school assemblies,
- Whole school online questionnaires distributed to pupils in P5/6/7.
- * Online questionnaires distributed to all parents/carers.
- * Engagement activity with staff.
- Consultation with the staff in writing the Anti-Bullying Policy.
- * Consultation with the Board of Governors.

Consultation took place from Jan 2019 – May 2019

Section 5 - Bullying Behaviour Defined

"Addressing Bullying in Schools Act (NI) 2016" - Definition of "bullying":

1.—(1) In this Act "bullying" includes (but is not limited to) the repeated use

of—

- (a) any verbal, written or electronic communication,
- (b) any other act, or
- (c) any combination of those,

by a pupil or a group of pupils against another pupil or group of pupils, with the intention of causing physical or emotional harm to that pupil or group of pupils.

(2) For the purposes of subsection (1), "act" includes omission.

In St. John's we recognise that there is a continuum of inappropriate/unacceptable behaviours which can impact on everyone's right to be safe and happy. These inappropriate/unacceptable behaviours (which are not considered as bullying) will be dealt with in line with the school's Positive Behaviour Policy's procedures.

However, on occasions we will be challenged to differentiate between inappropriate/unacceptable behaviours and those which do constitute bullying.

Bullying is usually a repeated behaviour that intentionally hurts, harms or adversely affects the rights and needs of another or others.

We will consider if the inappropriate/unacceptable behaviours **BECOME BULLYING BEHAVIOURS** when the information gathered from investigation clearly demonstrates that the inappropriate/unacceptable behaviours meet the criteria below:

- * intentional
- * targeted at a specific pupils or group of pupils
- * repeated*
- causing physical or emotional harm
- * omission

If alleged incidents fail to meet the criteria for bullying behaviour the school will use the Positive Behaviour Policy to address unacceptable behaviour.

Whilst the term "imbalance of power' is not contained within the statutory definition in Northern Ireland, St John's does consider the term when defining whether bullying behaviour has occurred. The imbalance of power can manifest itself in several ways:

- * Physical
- * Psychological
- * Intellectual
- Group/more than one individual

However, while bullying is usually a repeated behaviour, there are instances of one-off incidents that we will consider as bullying.

When assessing a one-off incident, to make a decision on whether to classify it as bullying, we shall consider the following criteria:

- * severity and significance of the incident
- evidence of pre-meditation
- impact of the incident on individuals (physical/emotional)
- * impact of the incidents on wider school community
- * previous relationships between those involved
- * any previous incidents involving the individuals

Methods of Bullying

The following inappropriate/unacceptable behaviours, when repeated, targeted and intentionally hurtful, may be considered a bullying behaviour:

* Verbal or written acts	
0	saying mean and hurtful things to, or about, others
0	making fun of others
	calling another pupil mean and hurtful names
0	telling lies or spread false rumours about others
0	try to make other pupils dislike another pupil/s
	extort from, blackmail or exploit another

Physical acts

	Hitting
0	kicking
0	pushing
0	shoving around

- O locking a pupil/s inside a room
- material harm, such as taking/stealing money or possessions or causing damage to possessions
- other direct/indirect acts

* Omission (Exclusion)

- Intentionally leaving someone out of a group of friends, activities, games or group work in class etc.
- Refusing to include someone in a group of friends, activities, games or group work in class etc.

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* Electronic Acts

- Using online platforms or other electronic communication to carry out many of the written acts noted above (cyber bullying)
- Impersonating someone online to cause hurt
- Sharing images (e.g. photographs or videos) online to embarrass someone

This not an exhaustive list and other behaviours which fit with the definition may be considered bullying behaviour.

The Act acknowledges that various methods of bullying can occur separately or together

<u>Definition of emotional and physical harm which are set out in the DE Guidance.</u>

In determining 'harm' we define:

- * Emotional or psychological harm as intentionally causing distress or anxiety by scaring, humiliating or affecting adversely a pupil's self-esteem.
- Physical harm as intentionally hurting a pupil by causing injuries such as bruises, broken bones, burns or cuts.

Motivations behind bullying

The various motivations behind bullying include but are not limited to:

- * Age
- * Appearance
- * Breakdown in peer relationships
- * Community background
- * Political affiliation
- * Gender identity
- * Sexual orientation
- Pregnancy
- * Marital status
- Race
- * Religion
- Disability / SEN
- * Ability
- * Looked After Child status
- * Young Carer status

Challenging the language of bullying

Bullying is an emotive issue, therefore it is essential that we ensure we use supportive, understanding language when discussing these matters. For that reason, in St. John's we will not refer to a child as 'a bully', nor will we refer to a child as 'a victim'. Instead, we will refer to the child by describing the situation surrounding that child, for example:

- * A child/pupil displaying bullying behaviours
- * A child/pupil experiencing bullying behaviours/target

We encourage all members of the school community to use this language when discussing bullying incident

Section 6 – Preventative Measurers

In St. John's P.S. we are committed to providing a preventative, responsive and restorative ethos within our school community. We will work to implement measures with a view to preventing bullying involving a registered pupil at the school -

- * on the premises of the school during the day (e.g. playgrounds, classrooms, toilets, computer suite etc.)
- * while travelling to or from school during the school term, (while pupils are travelling to and from school they must follow the school's code of conduct)
- * while the pupil is in lawful control or charge of a member of staff of the school; (e.g. school trips, external events etc.) Or
- while the pupil is receiving educational provision arranged on behalf of the school and provided elsewhere than on the premises of the school.

These measure include:

- 1. Consistent implementation of the Positive Behaviour Policy which:
 - o upholds everyone's right to be safe both physically and emotionally and requires high standards of behaviour at all times from every member of the school community.
 - o promotes early intervention and provides tailored support for those young people who experience difficulty in meeting acceptable standards of behaviour.
 - o acknowledges and affirms positive behaviours.
 - o acknowledges and sanctions inappropriate/unacceptable behaviours.
 - o carries out regular school evaluations to assess the effectiveness of the policy.
- 2. Promotion of anti-bullying messages through the curriculum e.g. inclusion of ageappropriate material specific to individual subject areas related to bullying, positive behaviour and inclusion.
- **3.** Addressing issues such as the various forms of bullying, including how and why it can happen, through PDMU and pastoral care.
- **4.** Involvement in meaningful and supportive shared education projects, supporting pupils to explore, understand and respond to difference and diversity.
- **5.** Active promotion of positive emotional health and wellbeing through the pastoral/preventative curriculum.
- **6.** The development of emotional literacy, interpersonal and intrapersonal skills through the pastoral/preventative curriculum, for e.g. PDMU and Religious Education activities, workshops etc.
- 7. Active whole-school participation in NIABF's Anti-Bullying Week activities.
- **8.** Engagement in key national and regional campaigns, e.g. Safer Internet Day, Bee Safe, Childline etc.

9. Development of peer-led systems (e.g. School Council) to support the delivery and promotion of key anti-bullying messaging within the school.

- **10.** Focused assemblies to raise awareness and promote understanding of key issues related to bullying.
- 11. Development of effective strategies for playground management, e.g. training for supervisors, zoning of playgrounds, inclusion of specific resources and provision of a variety of play options to meet the needs of all pupils, for e.g. Prefects and Buddy Systems.
- **12.** Development of effective strategies for the management of unstructured times (e.g. break time, lunch refer to Playground and Lunchtime Policies).
- **13.** Ongoing tracking and monitoring of supervision arrangements re canteen, playground, corridors.
- **14.** Provision and promotion of extra and co-curricular activities, aimed at supporting the development of effective peer support relationships and networks. For e.g. sporting activity, creative arts, leisure and games, etc.

Measures promoting prevention of bullying behaviour on the way to and from school include:

- Development of a culture where pupils take pride in their school and are viewed as ambassadors for their school within the community. This includes regular reminders of the positive behaviour expectations of pupils whilst travelling to and from school.
- 2. Measures to empower pupils to challenge inappropriate and unacceptable behaviour of their peers during the journey to and from school. This may include the implementation of peer monitoring systems on buses and for those walking.
- **3.** Regular engagement with transport providers (e.g. EA Transport, etc.) to ensure effective communication and the early identification of any concerns.
- **4.** Promotion of key anti-bullying messages and awareness of behaviour expectations of pupils amongst the local community (e.g. local shops, cafes, service providers, residents, etc.), including information on how to raise any concerns with the school.
- **5.** Appropriate deployment of staff to support the transition from school day to journey home (e.g. staff duty at school gate/bus stops, where appropriate).

The 'Addressing Bullying in Schools Act (Northern Ireland) 2016' gives the school the authority to take steps to prevent bullying through the use of electronic communication amongst pupils at any time during term, where that behaviour is likely to have a detrimental effect on the pupil's education at school. The Act gives the school explicit power to take action to prevent cyber bullying which is taking place outside of school, but which is likely to have an impact on the pupils' education in school. While this gives the school option to take action, it does not place a duty on schools to do so.

As a result, we will continue to raise awareness of the nature and impact of online bullying and support pupils to make use of the internet in a safe, responsible and respectful way. This may include:

- Addressing key themes of online behaviour and risk through PDMU, including understanding how to respond to harm and the consequences of inappropriate use.
- Participation in Anti-Bullying Week activities.
- Engagement with key statutory and voluntary sector agencies (e.g. C2k, PSNI, Public Health Agency, Safeguarding Board for NI e-Safety Forum) to support the promotion of key messages.
- Participation in annual Safer Internet Day and promotion of key messages throughout the year.
- Development and implementation of robust and appropriate policies in related areas.

Please note that the measures above are not an exhaustive list.

Section 7 - Responsibility

Everyone in the school community, including pupils, their parents/carers and the staff of the school are expected to respect the rights of others to be safe.

Everyone has the responsibility to work together to:

- * foster positive self-esteem,
- behave towards others in a mutually respectful way,
- * model high standards of personal pro-social behaviour,
- be alert to signs of distress and other possible indications of bullying behaviour,
- inform the school of any concerns relating to bullying behaviour,
- refrain from becoming involved in any kind of bullying behaviour, even at the risk of incurring temporary unpopularity,
- refrain from retaliating to any form of bullying behaviour,
- * intervene to support any person who is being bullied, unless it is unsafe to do so,
- report any concerns or instances of bullying behaviour witnessed or suspected, to a member of staff,
- * emphasise the importance of seeking help from a trusted adult about bullying behaviour when it happens or is observed,
- explain the implications of allowing the bullying behaviour to continue unchecked, for themselves and/or others,
- listen sensitively to anyone who has been bullied, take what is said seriously, and provide reassurance that appropriate action will be taken,
- know how to seek support internal and external,
- * resolve difficulties in restorative ways to prevent recurring bullying behaviour and meet the needs of all parties.

Section 8 - Reporting a Bullying Concern

Pupils Reporting a Concern

In St John's through our pastoral/preventative work, we continually encourage pupils to raise concerns with any member of staff, including teaching and non-teaching staff. We also reinforce that ANY pupil can raise a concern about bullying behaviour, not just the pupil who is experiencing the behaviour. Through our preventative work the key message focuses on 'getting help' rather than 'telling'.

Ways of reporting a bullying concern may involve:

- * Verbally- talking to a member of staff
- By writing a note to a member of staff (e.g. in a homework diary)
- By posting a comment in a 'worry box'

Parents/Carers Reporting a Concern

Parents/Carers should raise concerns about alleged bullying behaviour with the school at the earliest opportunity. Also, in St. John's we stress the need for parents/carers to encourage their children to react appropriately to bullying behaviour and to not do anything to retaliate or to 'hit back.'

The processes for reporting a bullying concern are:

- In the first instance, all bullying concerns should be reported to the Class Teacher.
- Where the parent/carer is not satisfied that appropriate action has been taken to prevent further incidents, or where further incidents have taken place, the concern should be reported to the Vice-Principal or Principal.

Where the parent/carer remains unsatisfied that the concern has not been appropriately responded to, the school's complaints procedure should be followed. (refer to the school's Complaints Procedure)

In St. John's, while the majority of reports of bullying concerns will come from pupils and their parents/carers, the school will be open to receiving such reports from anyone.

We emphasise that all reports of bullying concerns received from pupils and/or parents/carers will be responded to in line with this policy and that feedback will be made to the person who made the report. However, it must be noted that no information about action taken in relation to a pupil can be disclosed to anyone other than the pupil and his/her parents/carers.

Section 9 - Responding to a Bullying Concern

The processes outlined below provide a framework for how the school will respond to any bullying concerns identified. In St. John's staff are expected to respond to bullying concerns promptly and effectively therefore the processes outlined will ensure that when a bullying concern has been reported, everyone involved in the management of the incident, knows what the procedures are and will implement then immediately.

Using the 'NIABF Effective Responses to Bullying Behaviour' resource, the member of staff responsible shall...

- * Gather information, clarify facts and perceptions
- * Check records for previous incidents and identify behavioural patterns
- * Assess the incident against the criteria for bullying behaviour and on this basis determine whether bullying behaviour has taken place.
- * Use the information gathered to complete part 1 of the 'Bullying Concern Assessment Form' (BCAF)

If on the basis of the information gathered the criteria for bullying behaviour has not been met the inappropriate behaviour will be dealt with under the schools 'Positive Behaviour Policy'

If on the basis of the information gathered the criteria for bullying behaviour has been met the following processes will be followed:

- Complete the rest of the BCAF form and implement
- * Identify any themes or motivating factors
- * Identify the type of bullying behaviour being displayed
- Identify intervention level level 1-4
- Select and implement appropriate interventions (level 1-4) for all pupils involved, including appropriate interventions, consequences and sanctions not listed in the 'Effective Responses to Bullying Behaviour' resource
- * Track, monitor and record effectiveness of interventions
- Review outcome of interventions
- Select and implement further interventions as necessary

When responding to a bullying concern, school staff shall implement interventions aimed at responding to the behaviour, resolving the concern and restoring the wellbeing of those involved. Where appropriate, school staff may implement sanctions for those displaying bullying behaviour. (refer to Positive Behaviour Policy)

Parents/carers should understand that in St. John's information regarding any action taken regarding a pupil cannot be disclosed to anyone other than that pupil and his/her parents/carers.

Section 10 - Recording

The legal requirement, as set out in the Addressing Bullying in Schools Act (NI) 2016, is for schools to maintain a record of all incidents of bullying and alleged bullying behaviour.

St. John's will centrally record all relevant information related to reports of bullying concerns, including:

- how the bullying behaviour was displayed (the method)
- * the motivation for the behaviour
- how each incident was addressed by the school
- * the outcome of the interventions employed.

Records will be kept in a locked filing cabinet. Access to these records will be restricted and only provided to those members of school staff with a legitimate need to have access.

All records will be maintained in line with relevant data protection legislation and guidance and will be disposed of in line with the school's Retention and Disposal of Documents Policy. Collated information regarding incidents of bullying and alleged bullying behaviour will be used to inform the future development of anti-bullying policy and practice within the school.

<u>Section 11 – Professional Development of Staff</u>

In St. John's we recognise the need for appropriate and adequate training for staff, including teaching and non-teaching school staff. This may include:

- stating a commitment to ensuring that staff are provided with appropriate opportunities for professional development as part of the school's ongoing CPD/PRSD provisions
- * noting the impact of the training given on both the policy and its procedures e.g. any amendments made, inclusions added etc.
- ensuring that opportunities for safeguarding training are afforded to Governors and all staff – teaching and non-teaching
- stating that CPD records will be kept and updated regularly

Section 12 - Monitoring and Review of Policy

To appropriately monitor the effectiveness of the Anti-Bullying Policy, the Board of Governors shall:

- maintain a standing item on the agenda of each meeting of the Board where a report on recorded incidents of bullying will be noted
- * identify trends and priorities for action
- * assess the effectiveness of strategies aimed at preventing bullying behaviour
- * assess the effectiveness of strategies aimed at responding to bullying behaviour

This Anti-Bullying Policy shall be reviewed as required, in consultation with pupils and their parents/carers, on or before the June 2025.

Section 13 – Links to Other Policies

In the development and implementation of this Anti-Bullying Policy, the Board of Governors has been mindful of related policies, including:

- Positive Behaviour Policy
- Pastoral Care Policy
- Safeguarding and Child Protection Policy
- Special Educational Needs Policy
- Health and Safety Policy
- * Suspensions and Expulsion Policy
- Relationships and Sexuality Education
- * E-Safety Policy & Acceptable Use of Internet Policy
- * Mobile Phone Policy
- * Educational Visits
- Staff Code of Conduct
- Safe Handling

Care must be taken to ensure that all policies are consistent.

Section 14: Promoting Awareness of the Anti-Bullying Policy

This policy is accessible to parents/carers and pupils via the school's website. Paper copies can be made available, free of charge, to parents/carers of registered pupils via a request through the school's office.