

## <u>St. John's Primary School – Cycling to School Guidelines</u>

#### Important Information for Parents

In St. John's P.S. pupils in P6 & P7 are allowed to cycle to school if they wish to do so. We support cycling to school as it improves the children's fitness and health, benefits their general development and reduces traffic congestion outside the school making conditions safer for everyone.

The decision as to whether your child is competent to cycle and negotiate such hazards, as may present themselves, on route from home to school and back must be yours. St. John's does not accept liability for any consequences of that decision.

# It is strongly recommended that cyclists complete an appropriate cycling proficiency course. We offer cycling proficiency lessons during term 3 of P7.

Any child who wishes to cycle to school and store their bicycle on the school premises needs both parental and school permission. The school will grant permission when the following guidelines have been discussed with the parent and the pupil cycling and after the signed consent form is returned to school.

#### Guidelines for Cycling to School

- Parents/Carers are to ensure their child's bicycle is roadworthy and in good working order, including the tyres, lights and brakes.
- A correctly fitted helmet must be worn when cycling. RoSPA recommends that all cyclists wear a cycle helmet that meets a recognised safety standard. Cycle helmets, when correctly worn, are effective in reducing the risk of receiving major head or brain injuries in an accident.
- When visibility is poor, cyclists should wear appropriate reflective clothing, for example, high visibility vests.

- Cyclists must ride sensibly at all times and follow the Highway Code (only one person per bicycle/both sets of brakes working, riding with due consideration to all members of the public - whether they are walking or in vehicles etc.)
- All bicycles must be left in the approved parking area within the school grounds.
- Cyclists MUST dismount as soon as they approach the school gates and push their bicycles into the school grounds and designated parking area.
  - > If travelling to and from school via the Moy Village children should dismount from their bicycle at the Church entrance and push it along the church disabled ramp, through the carpark and enter the school grounds at the back gate.
  - If travelling to and from school via the GAA grounds area children should dismount from their bicycle before the carpark entrance, push it through the car park and enter the school grounds at the back gate.
- The school cannot accept any responsibility for loss, theft or damage to any bicycle or associated items brought to school.

St John's P.S. School reserves the right to refuse the storage of a bicycle in school in the event that these guidelines are disregarded.

These guidelines have been adopted by the B.O.G. to help ensure the safety of all pupils and to promote safe practice when cycling.



## Cycling to School (P6 & P7 only) - Parental Consent

Name of child/children:\_\_\_\_\_

I consent for my child /children to cycle to school.

I agree that:

- I have read and understand the guidelines provided
- I have discussed these guidelines with my child.
- I understand that should the guidelines not be adhered to the school will withdraw the privilege of bringing a bicycle onto the school premises.

Signed: ..... Date: .....

Relationship to child: .....

### Cycling to School - Child's Agreement

My name/s:

I/we agree that I/we have read through all the guidelines and discussed them with my parents/carers.

Signed: .....

Date: .....